



PRESENTS

# StudentsXpress

Connecting Students Through Artwork, Writing and Social Emotional Learning

Your students will love seeing their writing and artwork published in StudentsXpress, the Respectful Ways digital publication. And you will love how easy it is to participate!

Join us for our Winter 2024 issue:

## TODAY I CHOOSE HEALTH

What does “health” mean to you?

What can you do to stay healthy?

What are things you do that make you feel healthy?

How do you feel when you are healthy?

What do you love about healthy food?

What are your favorite healthy foods and why?

Why are gardens and farms important?

Submit a healthy recipe!

How do you exercise, what do you like about it?

What are your favorite ways to be active?

Write about a time that you made a healthy decision?

What did you do and how did it make you feel?

Draw a picture of you doing something healthy.

### HOW TO CONTRIBUTE

Turn in your student artwork or story submissions about **Today I Choose Health** to [rachel@studentsxpress.com](mailto:rachel@studentsxpress.com).

Submissions are due Fall 2024.

